



**ALBURY
& DISTRICT**

News

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District Aged Care

Albury & District Development is launched.



Geraldine Beagan, Christine Cupitt, Jerome Jordan and Joel Wertheimer turn the sod.

D evelopment of brand new beds at Albury & District Aged Care in David Street commenced on Wednesday 27th February.

Members for Albury City, attended to assist with the ribbon cutting ceremony to mark the beginning of construction at Logan Road Glenroy. Councillor Kevin Mack, Deputy Mayor and Cr. James Jenkins, Director of Community & Recreation, along with Residents, families, the Executive staff of Aged Care Services Australia Group, Japara Holdings and Industry Representatives.

The multi million dollar building development will provide in excess of 120 new jobs for building trade and

health personnel and much needed accommodation and respite for ageing local residents and their families, where demand for aged care services in this area, is on the incline. Current residents of Albury & District are offered a place at the new residence.

The event has already attracted overwhelming community interest and Albury & District Aged Care is now taking enquiries for those needing care in 2014. They are part of the Aged Care Services Australia Group, operating 35 facilities across NSW, Victoria South Australia & Tasmania.

**Interested families can call
Albury & District Aged Care
on (02) 6041 2858**



Sid Lawrence watches Cr. James Jenkins, Deputy Mayor of Albury unveil the plans.



Executive staff of Aged Care Services Australia Group.

Sid Lawrence

“My life at Albury & District”

The decision to re-house our elderly family members is a confronting, emotional time. Often the need for aged care, arises abruptly, due to illness or accident or death of a spouse or is a gradual realization that extra help is needed, due to declining independence, or onset of dementia – but the decision to move a loved one to assisted living or high or low care, need not be a traumatic one.

Sid Lawrence's transitioned to residential high care after suffering a stroke at 73 years of age. Sid, now 77, has been at Albury & District Aged Care since 2008.

Sid is one of the many success stories to emerge from the transition between independent living and Residential aged care.

He has built a wonderful relationship with the staff and other residents at Albury & District. In his own words “I love the fact that the staff are always happy, cheerful and ready for a laugh. After my wife passed away very near to the time I had a stroke, spent time at Wagga Wagga Hospital before being transferred to Albury & District”

As part of his rehabilitation his first goal was to regain his ability to walk and talk so he could walk his daughter down the aisle for her pending wedding. He achieved this with the help of the team at Albury & District. This was a moment of a lifetime for Sid, who credits the staff with offering him such terrific support during those challenging months. Sid moved from Melbourne, to Albury to be close to his daughter and loves the fact that his family are part of the culture at Albury & District. He has 4 children, 13 grandchildren and 7 Greet Grandchildren – all of whom take the time to come and visit him regularly.

Sid's favorite activity is to go out on a shopping excursion with Carers – He has made good friends at Albury & District, loves the food (reckons Lucy's the best cook in the whole world) and also enjoys spending time in the garden, playing poker and bingo and running the in house football tipping competition.

At Christmas time, Sid's family has traditional Christmas feast of turkey, presents, and family Christmas fare including the



Sid studies the new plans.

traditional Christmas pudding. This is a highlight for Sid, spending time together with his 20 grandchildren and great grandchildren.

Sid is extremely excited about the prospect of moving to a brand new Albury & District! He has chosen his own private room - close to the door so he can watch all the comings and goings and he even did us the honour of cutting the ribbon during the recent ceremony to mark the beginning of construction, followed by some interviews with journalists – keen to get an insight into his life at Albury and District. “It's a really good life” says Sid.

Facility Manager of Albury & District, Christine Cupitt adds,
....cont p.3

“It's a really good life”

....My life at Albury & District
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" It's important to feel a sense of control and choice and this is why planning ahead is advisable If your elderly parent is alone, or with declining health, we recommend you begin to research the residential care to best suit their needs

At Albury & District, we cater for the individual residents needs and wishes with an emphasis on active, social and healthy living... Residential care, really should feel like a home away from home, not just for the resident, but their family too"

This is the "key" to feeling that Aged Care living is the next, natural step in ones life.

To speak with the Facility Manager at Albury & District, please call 02) 6041 2858

Lucy, Michelle & Scott -

A Family Affair!



Lucy McPherson and her children Michelle & Scott

It's a true family affair at Albury & District – with Lucy McPherson and her son and daughter having worked for Albury & District most of their working life.

First came Lucy, who started in a nursing position in 1985 before being made a Ward Assistant and finally the title of Head Cook – Lucy has been serving her meals with love and pride for the residents for nearly 25 years.

Lucy's daughter Michelle has grown up watching her mum go to work each day, and in 1986 she started making the beds to help out. 25 years later, Michelle now runs the social and craft activities for the residents.

Michelle's brother Scott, the youngest family member was also drawn to Albury & District Aged Care – starting in the kitchen after school making

the cups of tea for the trolleys! Scott now looks after maintenance in and around Albury & District.

When asked what was the attraction to the McPherson Family all working at Albury & District, Michelle mentions, "We all love coming to work each day, we are lucky to develop a lovely rapport with the residents and their families. And our fellow staff, they are like our extended family too! We've made lots of lifelong friendships from our work over the years...."

"We are lucky to develop a lovely rapport with residents and their families."

Other brothers Simon & Craig have also undertaken work at Albury & District and Scott's daughter recently undertook work experience – perhaps this is a sign that future generations of McPhersons will follow in the family tradition, and find rewarding careers within the warm, family environment at Albury & District.

Why Albury & District Aged Care?

Come and stay with us for a week and you won't want to leave. Whether you're awaiting placement in hospital, interim care or at home, your personalised needs will be catered for at Albury & District.

Our facility provides a range of residential care and services to the community including high care and low care on a permanent or respite basis – in a pleasant, relaxing and home like environment, surrounded by caring, compassionate and friendly staff.

Our qualified staff are carefully selected to ensure that they constantly strive to deliver care and services, to all residents at the highest possible level. The Facility Manager is a qualified Registered Nurse, who has extensive experience in aged care and facility management, and is passionate about the well being of all residents. Registered Nurses manage the resident care 24 hours a day 7 days a week.

Our commitment extends to the individualized care, respect and attention and we see ourselves as an extension of the residents family and friends, working together to achieve the best possible outcome for our resident.

Albury & District welcomes the resident's family practitioner to

Premium Residential Care for your loved one.



**ALBURY
& DISTRICT**

Experience our Premium Residence



674 David Street, Albury, Victoria 2640
www.albury&districtagedcare.com.au

Albury & District Aged Care is proudly owned and operated by Aged Care Services Australia Group (ACSAG) one of the largest providers of Aged related care in Australia, and one of 35 fully accredited properties, caring for over 3,000 residents.

At Albury & District, we provide the highest possible standards of individualised care for your loved one.

Enquire now: (02) 6041 2858

JAPARA ACSAG Aged Care Services Australia Group

continue to care for the resident or alternatively we are able to arrange one in a seamless manner.

Our leisure and lifestyle program provides innovative, creative, interest-based programs for groups and individuals and regular coach outings are planned, and include space on each trip for residents who require a wheelchair. Albury & District also maintains close links with the community, and arranges regular visits from community groups, entertainers and special guests to attend the facility.

At Albury & District there are no set visiting hours. You can invite friends and family to visit whenever it suits, just as if you were in your own home. Your room isn't the only place where you can entertain your guests. There are a range of indoor and outdoor areas pleasantly appointed for you and your guests to relax in.

Some examples of additional services provided are:

- Physiotherapy
- Podiatry
- Aromatherapy
- Audiometry and audiology
- Dental technician and dentist
- Dietitian
- Optometrist
- Speech therapy
- Pharmacy
- Spiritual and pastoral guidance