



**ALBURY
& DISTRICT**

News

Issue 2
Spring 2013

THIS ISSUE

2 Resident's story
Mr Ron Waite -

3 Winter Recipe
• Lucy's famous
Scones
• Staff Profile:
Sharon's Life
Work

4 Why Albury & District
Aged Care?

Albury & District Development Update



The new Albury & District (Artist impression)

Development of Albury & District Aged Care is well underway. After a successful launch earlier this year, attended by Councillor Kevin Mack, Deputy Mayor, and numerous members of the community, we are excited to see this multi-million dollar project take shape. The expansion of Albury & District Aged Care is not only providing new jobs but also a place to call home for ageing local residents and their families.

The residents, staff, and community are very excited about the development. The residents love to see the changes progress and imagine what their new home will look like.

The new Albury & District Residence on Logan Road will provide a "hotel-style accommodation meets residential aged care experience." Stepping into the new Albury & District Residence, residents, family and

guests will find themselves in an oasis of contemporary style, stunning surrounds and peaceful tranquility - from the gracious foyer to private dining rooms, generously sized bedrooms with private en suite, and the friends and family cafe and lounges surrounded by landscaped gardens and private courtyards. There's even an outdoor physical therapy centre.

'hotel-style accommodation meets residential aged care experience'

When completed, Albury & District will be entirely relocated to brand new premises at 636 Logan Road, Glenroy. But some things will stay the same - the care, dedication, and passion of the team at Albury & District who tenderly care for Albury's aged care population.

Explains Joel Wertheimer, Development Manager for Japara Developments, "The addition of 30 high and low care beds will result in much needed residential care for ageing local residents, where demand for services in this area is on the incline. This is due to our ageing population."

Construction is slated to be finished early next year. The new development has already attracted overwhelming community interest, and Albury & District Aged Care is taking enquiries and bookings now.

Albury & District Aged Care Facility is part of the Aged Care Services Australia Group, operating 36 aged care facilities across Victoria, Tasmania, New South Wales and South Australia.

**Interested families can call Albury & District Aged Care on
(02) 6041 2858**

Resident's story

A Glimpse into the Life of Mr Ron Waite

The decision to find Residential Accommodation for our elderly family members can be a confronting, emotional time. Often the need for aged care arises due to illness or a gradual realization that extra help is needed due to declining independence, or onset of dementia – but the decision to move a loved one to assisted living or high or low care, need not be a traumatic one.

Mr. Ron Waite has been a resident of Albury & District for the past 5 years. He was born in Wangaratta, Victoria. His family moved to a town called Wymah and from a young age he attended the Wymah Primary School. Ron's mode of transport to school was something you don't see too often these days - he rode his pet horse! As an only child, he was raised by his parents, Ernie and Catherine.

When Ron grew up he became a butcher by trade and worked in his father's shop in Jones Street, Albury. During the 1950's he ran butcher shops in several supermarkets.

He also played a part in working on the 'Snowy Mountain Scheme,' which years later held a reunion that he attended. Ron also worked on some of the big dams featured around Australia, which include the Dartmouth Dam. Ron loved being outdoors, and through the years he took great enjoyment going away on fishing, shooting, and hunting trips.

Ron's wife faced a number of serious health issues and as a dedicated husband he did his best to care for her while she was un-well. Sadly, she passed away at only 58 years of age.

His daughter Susan lived with Ron after the passing of his wife to try and help out. Now, Ron is at Albury & District where he is able to receive excellent care and enjoy many visits from his daughter in a loving and supportive environment. As each person has a passion in their life, Ron's was cooking and his specialty was roast lamb which he enjoyed with a glass of red wine.



Albury & District Resident, Mr Ron Waite.



Bulldogs surprise fan Sid.

Popular resident Sid Lawrence is a keen AFL football supporter. He follows the Western Bulldogs and also organises the Albury & District football tipping competition each Winter.

When Western Bulldogs Captain, Matthew Boyd heard about Sid and his support of the Bulldogs, he

thought he would send him a surprise.

Sid received in the mail, a Western Bulldog cap signed by Matthew Boyd, and a card thanking him for his support and encouraging him to keep up the great work with the tipping competition.

Sid was quite impressed!



Lucy's Famous Scones with Jam & Cream

Lucy is the much beloved Head Cook at Albury & District and has been serving her meals with love and pride to the residents for nearly 25 years. For a touch of home-baked goodness, try these delicious scones.



Perfect with a hot cup of tea in the afternoon!

Scone Recipe

INGREDIENTS

- 4 cups self-raising flour
- Pinch of salt
- 4 tablespoons butter
- 4 eggs
- 600 ml cream

METHOD

Pre-heat oven to 240C.

Sift flour and salt together in a bowl.

Rub in butter.

Whisk together eggs and milk – add to flour and mix to form soft dough.

Turn onto floured board and cut with scone cutter. Bake on an oven tray until golden.

Let scones cool and then serve with jam and cream.

Staff Profile

Sharon's Life Work at Albury & District

Sharon McMahon is a very familiar face at Albury & District Aged Care. She is a devoted staff member and has been part of the facility "family" for over 28 years. During that time she has held a number of positions, and she now has a dual role of Lifestyle and Laundry duties. Sharon is always willing to lend a helping hand to anyone who needs it. In fact, when asked to do something, Sharon will often have the task completed before most people even think about it!

Scott, the Maintenance Manager, admires how 'very organised' she is. It's an important characteristic to have when you are working and attending university! Sharon commenced her studies this year and is doing well – proving

that no matter what age you are, anything is achievable.

In addition to the love and care she shows to our residents and staff, Sharon is also a wife, mother of two and grandmother of two. Her family means the world to her, and we are so grateful she considers everyone at Albury & District her family too. Her compassion and empathy and ability to adapt to any circumstance make her an invaluable contributor to Albury & District Aged Care. As Facility Manager Christine notes, "She's such an incredible person, she deserves the recognition for everything she does."



Why Albury & District Aged Care?



continue to care for the resident or alternatively we are able to arrange one in a seamless manner.

The leisure and lifestyle program provides innovative, creative, interest-based programs for groups and individuals and regular coach outings are planned, and include space on each trip for residents who require a wheelchair.

The Albury & District residents are very excited about moving into the newly built premises at 636 Logan Road in March 2014, however there are both high care and low care beds available at the current facility now, with short stay and respite options also available.

For enquiries, please call Albury & District Aged Care on (02) 6041 2858

Come and stay a week and you won't want to leave. Whether you're awaiting placement in hospital, interim care or at home, your personalised needs will be catered for at Albury & District.

The residence provides a range of residential care and services to the community including high care and low care on a permanent or respite basis – in a pleasant, relaxing and home like environment, surrounded by caring, compassionate and friendly staff.

The qualified staff are carefully selected to ensure that they constantly strive to deliver care and services, to all residents at the highest possible level. The Facility Manager is a qualified Registered Nurse, who has extensive experience in aged care and facility management, and is passionate about the welfare of all residents. Registered Nurses manage the resident care 24 hours a day 7 days a week.

The commitment extends to the individualized care, respect and attention and we see ourselves as an extension of the resident's family and friends, working together to achieve the best possible outcome for our resident. Albury & District welcomes the resident's family practitioner to



The new Outdoor Physical Therapy Centre (Artist impression)



The new Albury & District Lounge (Artist impression)