



MILLWARD

News

Issue 2
Spring 2013

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Millward Development Update.



The dining room at the new Millward Aged Care (Artist impression).



Foyer at Millward (Artist impression).



Bedroom at Millward (Artist impression).

Development at Millward Aged Care is well underway. After a successful launch earlier this year, attended by the Mayor of Manningham, Cr Geoff Gough, and numerous members of the community, we are excited to see this multi-million dollar project take shape. The expansion of Millward Aged Care on Blackburn Road in Doncaster East is not only providing new jobs but also a place to call home for ageing local residents and their families.

Explains Joel Wertheimer, Development Manager for Japara Developments... "The addition of high and low care beds will result in much needed residential care for ageing local residents, where demand for services in this area is on the

incline. This is due to our ageing population."

'slated to be finished early next year.'

Construction is slated to be finished early next year in 2014. The new development has already attracted overwhelming community interest, and Millward Aged Care is taking enquiries and bookings now.

Millward Aged Care Residence is part of the Aged Care Services Australia Group, operating 36 aged care facilities across Victoria, Tasmania, New South Wales, and South Australia.

Interested families can call Millward Aged Care on 1300 779 693

From The Facility Manager's Desk, By John Borowicki



As I look out the window, I see our new building coming out of the ground - what a wonderful and exciting sight! Our community of staff, family, friends, and residents at Millward will have an impressive building to call home in 2014.

I am very proud of my staff who are working with me during this extension, and their dedication to provide consistent high-quality care during these times of change is greatly appreciated. I am also grateful to the hard-working contractors on the construction site, and I hosted a barbecue for all workers and staff as a token of appreciation. We truly have a great team here at Millward.

Thank you to all, and especially our residents, for their patience and interest in the progress of the new development. We strive to keep everyone

up to date of the progress as Millward moves forward into 2014 and the grand opening. We hope you will join us there!



The new Millward Premium Aged Care (Artist impression).

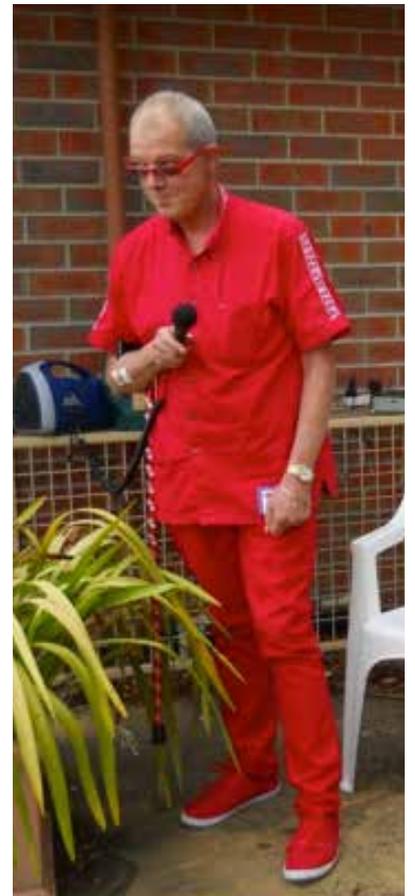
Thank You BBQ

On the 22nd of March, John Borowicki hosted a BBQ lunch for all contractors who had been working on the new Millward development. The lunch was cooked and served by Millward staff, and was held in the current facility gardens.

John made a speech and personally thanked the team for their great work. Everyone had a lovely time, and look forward to celebrating again once construction is finished!



Millward staff Felicity Lindsey and Gabriella Aguila cook up a storm!



John Borowicki thanks the staff and workers.

Leisure & Lifestyle Program at Millward

Our leisure and lifestyle program provides engaging, creative and stimulating events, which provide residents with a sense of purpose and fulfilment. We have a 12-seater Mercedes Benz bus fitted with a hydraulic lift to facilitate wheelchair access, so that everyone can participate in our lively outings.

One of our most popular activities that our residents enjoy is to eat lunch out around town. We often go to the Stonehouse Café, Jump Inn Café, and our residents' personal favourite - the Pancake Parlour. Living so close to the beautiful countryside of Warrandyte along the Yarra River, the Millward bus is often out with residents - off to coffee in the mornings, shopping trips, or out simply on a leisurely scenic drive.



Millward residents at their favourite Pancake Parlour!

Lending a helping hand.

For the past 4 years, the residents at Millward have participated in Australia's Biggest Morning Tea supporting Cancer Council and cancer research. Through the generous efforts of our caring staff and kind residents, they raised over \$280 this year alone and in 4 years have raised over \$1,000 through hosting this simple event, proving that small actions can have a big effect.

The kitchen staff organise a variety of treats, tea, and coffee and participants are encouraged to make a donation. Our residents enjoy the social aspect of coming together and contributing to the greater good.

If you would like to learn more about this fundraiser, go to:

<http://www.biggestmorningtea.com.au>

Australia's Biggest Morning Tea



Blueberry Pancake Recipe

INGREDIENTS

- 150g (1 cup) self-raising flour
- 1 egg, lightly whisked
- 500ml (2 cups) buttermilk
- Melted butter, to grease
- 125g punnet fresh blueberries, or topping of choice
- Pure maple syrup, to serve
- Butter (optional), to serve

1. Sift the flour into a large bowl. Make a well in the centre. Add egg and buttermilk. Use a fork to mix until just combined.
2. Heat a large non-stick frying pan over medium heat. Brush with melted butter. Pour three 2-tablespoon portions of the batter into the pan. Arrange a few blueberries over the surface of each. Cook for 2 minutes or until bubbles appear on the surface. Turn and cook for 2 minutes or until golden. Transfer to a plate. Repeat to make 12 pancakes.
3. Serve with any remaining blueberries, maple syrup and butter if desired.

BLUEBERRY BUTTERMILK PANCAKES

One of our residents' favourite activities is to enjoy some delicious pancakes with good friends. With spring here, now is the perfect time to try these light and fluffy pancakes – a treat anytime, not just for breakfast!



Why Millward Aged Care?



Come and stay with us for a week and you won't want to leave. Whether you're awaiting placement in hospital, interim care or at home, your personalised needs will be catered for at Millward.

Our facility provides a range of residential care and services to the community including high care and low care on a permanent or respite

basis – in a pleasant, relaxing and home like environment, surrounded by caring, compassionate and friendly staff.

Our qualified staff are carefully selected to ensure that they constantly strive to deliver care and services, to all residents at the highest possible level. The Facility Manager is a qualified Registered Nurse, who has extensive experience in aged care and facility management, and is passionate about the welfare of all residents. Registered Nurses manage the resident care 24 hours a day 7 days a week.

Our commitment extends to the individualized care, respect and attention and we see ourselves as an extension of the residents family and friends, working together achieve the best possible outcome for our resident.

Millward welcomes the resident's family practitioner to continue to care for the resident or alternatively we are able to arrange one in a seamless manner.

Our leisure and lifestyle program provides innovative, creative, interest-based programs for groups and individuals and regular coach outings are planned, and include space on each trip for residents who require a wheelchair.

At Millward there are no set visiting hours. You can invite friends and family to visit whenever it suits, just as if you were in your own home. Your room isn't the only place where you can entertain your guests. There are a range of indoor and outdoor areas pleasantly appointed for you and your guests to relax in.

For enquiries, call Millward Aged Care on 1300 779 693.