



MILLWARD

# News

Issue 1

December 2012

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# Millward

## Development is launched.



Millward Aged Care, Blackburn Rd, Doncaster East



Cr Geoff Gough, Mayor of Mannigham turning the sod.

Residents, stakeholders including the Mayor Of Mannigham, Cr Geoff Gough, attended the official launch where he performed a turning of the sod ceremony in front of Industry representatives, carers, residents and families of Millward Aged Care.

The multi million dollar building development will provide in excess of 120 new jobs for building trade and health personnel and much needed permanent accommodation and respite for ageing local residents and their families, where demand for aged care

services in this area, is on the incline.

The event has already attracted overwhelming community interest and Millward Aged Care is now taking enquiries for those who may be needing care in 2013.

Millward Aged Care Facility is part of the Aged Care Services Australia Group, operating 34 aged care facilities across Victoria, Tasmania, New South Wales and South Australia.

**Interested families can call Millward Aged Care on 1300 779 693.**

**D**evelopment of additional aged care beds at Millward Aged Care, in Blackburn Road, Doncaster East commenced recently.

# Mr Ellis

## “Our life at Millward”

**The decision to re-house our elderly family members is a confronting, emotional time. Often the need for aged care, arises abruptly, due to illness or accident or death of a spouse or is a gradual realization that extra help is needed, due to declining independence, or onset of dementia – but the decision to move a loved one to assisted living or high or low care, need not be a traumatic one. One Melbourne Resident explains. Owen Ellis’ transition to residential low care at Millward Aged Care is one of the many success stories to emerge from the transition between independent living and Residential aged care.”**

“I used to look after my wife who needed help with here daily routine, until I could no longer manage. Our 3 daughters spent a long time visiting all the Aged Care Facilities in our area, and eventually found Millward Aged Care where I’ve now lived for the past 6 years, 4 of these spent in their independent Living Units and more recently in low care. My wife of 68 years, Edith, is also a resident here ...

I looked after Edith until I could no longer manage. This is why we came to Millward – The staff were accommodating to our different needs, and really treated us with respect. We have been able to stay together even though we both have different care needs. Since coming to Millward., I have a new lease on life and am very happy and healthier than I was trying to live alone. When the staff cant find me in my room, they always know to find me in Edith’s room. I have peace of mind she is getting the best care and our daughters have peace of mind that I won’t have an accident or take a turn without someone there to help” Mr Ellis explains.....

“I was afraid of leaving my home.. at first... but really quickly settled in– now this is my new home... the people are lovely, and I have made loads of friends. The food is delicious, nearly as good as Edith’s cooking”, he chuckles...

My three daughters, grandchildren and great



Mr Ellis (right), with Mr John Borowicki, Facility Manager, Millward

grandchildren are all part of our big happy family here at Millward.

Mr John Borowicki, Facility Manager of Millward Aged Care Facility adds: “ There

are many positive things about moving into residential care – we cater for the individual residents needs

and wishes with an emphasis on active, social and healthy living... Residential care, really should feel like a home away from home, not just for the resident, but their family too”. He goes on to add, “However, during the transitioning process,

**“The staff were accommodating to our different needs, and really treated us with respect.”**

It's important to feel a sense of control and choice and this is why planning ahead is advisable ... . If your elderly parent is alone, or with declining health, we recommend you begin to research the residential care to best suit their needs or

wishes. Your local doctor or Community Centre or Aged Care Facility can help guide you with the transitional process. This knowledge will enable informative decisions to be made before an unexpected crisis compels you to seek accommodation

without planning. This is "key" to feeling that Aged Care living is the next, natural step in life.

**To speak with the Facility Manager at Millward Aged Care, Mr Borowicki can be contacted on 9894 6600 or 1300 779 693**

## MINI FRUIT CAKE POTS

Preparation time: 15 mins

Cooking time: 1 hour

Makes: 6 pots

**6 C mixed fruit (1kg)**  
**1 C glazed cherries, halved**  
**250g butter**  
**1 C brown sugar**  
**1 C water**  
**5 eggs lightly beaten**  
**1 TBSL grated orange rind**  
**1 3/4 C plain flour, 1/3 C self raising flour**  
**1 TSP bicarbonate of soda**

Pre-heat oven to slow 150c. Brush 6 x 2-cup terracotta pots with melted oil. Line base with a circle of grease paper.

Combine mixed fruit, cherries, butter, sugar and water in a large saucepan. Stir over high heat until mixture boils, reduce heat to a simmer, cook, covered for 10 minutes, stirring occasionally, cool.

Add eggs and rind. Stir until combined. Add sifted flour and soda. Using a metal spoon, stir until just combined.

Spoon mixture into prepared pots, smooth surface, cover with aluminium foil. Bake for 1 hour or until cakes feel firm and are golden brown. Allow to cool in pots. Decorate with glazed fruit.

*Note: Half the water may be replaced with rum, brandy or sherry. These cakes can be wrapped and stored in an airtight container for up to one month.*

# WHAT'S HAPPENING IN DECEMBER

## Christmas at Millward

Each night during December Millward Residents are treated to a grand tour of Melbourne's famous Christmas lights. Christmas Day is an invitation for resident's families and friends to join us in a day of traditional Christmas feast, gift giving and visit from Santa.

**For bookings contact Millward on 1300 779 693**



Mini Fruit Cake Pots.

# Why Millward Aged Care?

Come and stay with us for a week and you won't want to leave. Whether you're awaiting placement in hospital, interim care or at home, your personalised needs will be catered for at Millward.

Our facility provides a range of residential care and services to the community including high care and low care on a permanent or respite basis – in a pleasant, relaxing and home like environment, surrounded by caring, compassionate and friendly staff.

Our qualified staff are carefully selected to ensure that they constantly strive to deliver care and services, to all residents at the highest possible level. The Facility Manager is a qualified Registered Nurse, who has extensive experience in aged care and facility management, and is passionate about the welfare of all residents. Registered Nurses manage the resident care 24 hours a day 7 days a week.

Our commitment extends to the individualized care, respect and attention and we see ourselves as an extension of the residents family and friends, working together achieve the best possible outcome for our resident.

Millward welcomes the resident's family practitioner to continue to care for the resident or

## Premium Residential Care for your loved one.



**MILLWARD**  
Experience our  
Luxury Residence



Millward is proudly owned and operated by Aged Care Services Australia Group (ACSAG) one of the largest providers of Aged related care in Australia, and one of 34 fully accredited properties, caring for over 3000 residences.

At Millward, we provide the highest possible standards of individualised care for your loved one.

**Enquire now: 1300 779 693**

31 Blackburn Rd, Doncaster East, VIC 3109  
[millwardagedcare.com.au](http://millwardagedcare.com.au)

JAPARA

[www.acsagroup.com.au](http://www.acsagroup.com.au)  
**ACSAG**  
Aged Care Services Australia Group

alternatively we are able to arrange one in a seamless manner.

Our leisure and lifestyle program provides innovative, creative, interest-based programs for groups and individuals and regular coach outings are planned, and include space on each trip for residents who require a wheelchair.

Millward also maintains close links with the community, and arranges regular visits from community groups, entertainers and special guests to attend the facility.

At Millward there are no set visiting hours. You can invite friends and family to visit whenever it suits, just as if you were in your own home. Your room isn't the only place where you can entertain your guests. There are a range of indoor and outdoor areas pleasantly appointed for you and your guests to relax in.

### Some examples of additional services provided are:

- Physiotherapy
- Podiatry
- Aromatherapy
- Audiometry and audiology
- Dental technician and dentist
- Dietitian
- Optometrist
- Speech therapy
- Pharmacy
- Spiritual and pastoral guidance