



MIRRIDONG

# News

Autumn 2015

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## 2014 Year Review



(L-R) Amanda Miller, Member for Legislative Council for Northern Victoria, Cr Barry Lyons, City Of Greater Bendigo Mayor & Julie Reed, Executive Director, Aged Care Services – Japara Healthcare

**Mirridong Residential Aged Care**  
92-100 McIvor Rd,  
Bendigo VIC 3550

Ph: 5442 4011



(L-R) Japara Healthcare Executives Jerome Jordan and John McKenna & Facility Manager Leah Wolfe.



Cr Barry Lyons, City Of Greater Bendigo Mayor.

September 2014 saw the Official Opening Ceremony of the new Mirridong Residential Aged Care, providing an additional 30 beds to the local region.

The ceremony was officiated by the City of Greater Bendigo Mayor, Cr Barry Lyons, along with Amanda Miller, appointed Member for Legislative Council for Northern Victoria. Project management teams and Japara Healthcare executives and other dignitaries were present along with industry health and ageing professionals, facility residents and family and members of the local community.

Both Cr Lyons and Ms Miller spoke passionately about the importance of quality aged care in our large regional towns and acknowledged the development at Mirridong as a valued addition to the City of Bendigo and it's

surrounding suburbs.

A delicious afternoon tea followed the official ceremony and was enjoyed by all the residents and guests.

***“..a valued addition to the City of Bendigo..”***

The multi million dollar development has provided between 180 and 200 local jobs, from planning, construction, building, design, right through to nursing, carers, chefs, cleaners and laundry personnel.

Enquiries may be made by calling Mirridong Aged Care on 5442 4011

# Executive Profile: Julie Reed

Executive Director of Aged Care Services Japara Healthcare Limited

Julie Reed is the Executive Director of Aged Care Services for Japara Healthcare Ltd. Her vast training and education in the healthcare sector began with a nursing degree at the Alfred Hospital during the 1970's, and moving into aged care in 1981, as the Director of Nursing for independent facilities in Murrumbidgee and Brighton, over the next 16 years. During this time, Ms. Reed's industry knowledge was sought after, resulting in her taking on various consulting roles to external businesses, consulting on quality control and policy across the aged care sector.

Ms Reed eventually went on to work for Australian Residential Care as Funding Manager, raising much needed funding for Residential Care. She joined Japara Healthcare (formerly Japara Holdings) in 2005, and was responsible for the overseeing the nursing, care, management and operations of Japara's first facility, Central Park, at Windsor.

The Japara Healthcare group has grown through acquisition and development, with 39 residential aged care facilities and 5 independent living villages. Ms Reed oversees the Facility Managers at each of the group's 39 facilities, with a diverse role incorporating education, training & implementation of risk & compliance management, staffing, procedures, education and quality assurance.

Ms Reed is passionate about the quality of care her organization provides to the ageing population of Australia. "We adopt a continuous improvement process through our training and education, across all services," she explains. "Our accommodation services include independent living, permanent care, dementia & Alzheimers Care and respite care. We develop new facilities which provide innovative design in friendly, home-like environments.



Julie Reed

All Japara Healthcare facilities are fully accredited with the Australian Aged Care Quality Agency (formerly the Aged Care Standards and Accreditation Agency Ltd)."



## MIRRIDONG A FAMILY AFFAIR

Julie Reed officially launched the new Mirridong Aged Care in September and it was a family affair.

Attending from Melbourne, was Marjorie Healey, Julie's Aunt. Marjorie is the Granddaughter of Richard Reed, who was well known in the Bendigo area as Manager at the famous Hustler Mine. 2014 marked 100 years since the Hustler Mine disaster which claimed the lives of seven miners.

Julie and Vivien are Richard Reed's great Granddaughters. Mirridong's longstanding resident Vera Blackman is Marjorie's sister in law and Vivien's Aunt.

( L-R) Julie Reed, Executive Director, Aged Care Services Australia Group, Marjorie Healey, Mirridong's Resident, Vera Blackman and Vera's Niece, Vivien Carroll. Resident dog Rupert.

# Refreshing Granitas



An incredibly refreshing watermelon granita is the perfect hydrating snack or dessert for the residents to enjoy in the courtyard on a warm day.

Residents regularly have icecreams or granitas while watching Rupert the dog being bathed or playing outside.

Watermelon Granitas

## RECIPE Watermelon Granitas

Place 2, 20 x 30cm shallow metal trays in the freezer. Pass watermelon flesh through a juicer then strain juice through a fine sieve into a bowl.

### Step 2

Place sugar, water and liquid glucose in a small saucepan. Cook, stirring, over high heat until sugar dissolves and mixture boils. Boil for a further 10 seconds, then remove from heat. Allow to cool.

### Step 3

Add sugar syrup to watermelon juice then pour into chilled trays. Freeze for 4 hours or until partially set.

### Step 4

Using a fork, break frozen mixture up until it is quite slushy. Return mixture to freezer and repeat flaking process after 2 hours (at this stage tiny ice flakes should have formed). Return to freezer for a further 2 hours then repeat flaking process. Just before serving, repeat flaking process for the final time.

### Step 5

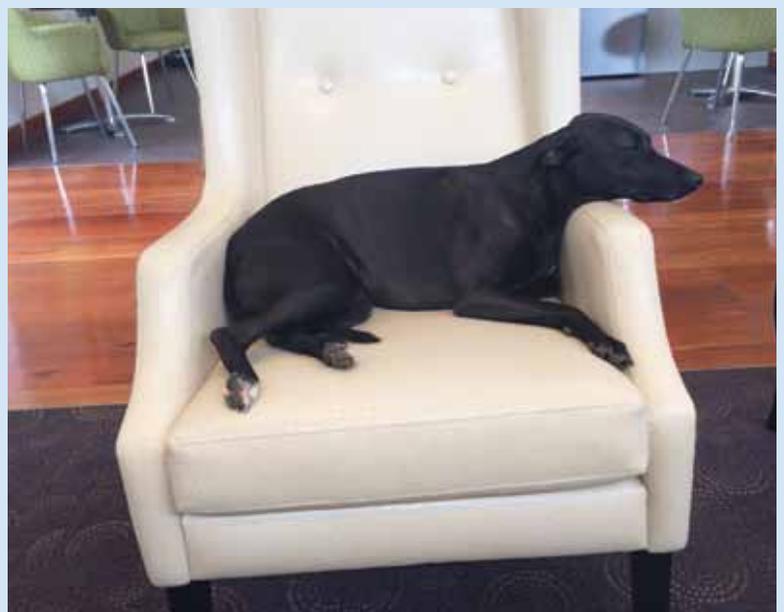
Serve spoonfuls in chilled glasses.

# Rupert loves Mirridong



Staff and residents have been enjoying the beautiful accommodation and stunning surrounds of the newly developed Mirridong, but none more than resident dog Rupert!

As the weather gets cooler Rupert can be found most days warming himself by the fire on one of the beautiful arm chairs in the foyer. Residents and guests need to move quickly if they want to get a seat!



# Stunning Facility, Quality Care.

Mirridong Residential Aged Care is a fully accredited Aged Care Provider.

Mirridong continue their commitment to delivering the highest standard of care and services, including 24 hour registered nurses, health care specialists (as required), dedicated lifestyle and care staff.

As always, there are no set visiting hours, friends and family are invited to visit at any time. The facility provides a range of day rooms, pleasantly appointed lounges, and leafy tranquil outdoor areas, perfect for entertaining.

For enquiries, please call Mirridong Aged Care on 5442 4011



Mirridong Aged Care foyer.



Spacious private rooms with own ensuite.

- ◆ Private en suites
- ◆ Contemporary style
- ◆ Quality fittings and furnishings
- ◆ Stunning surrounds
- ◆ Nutritionally balanced meals
- ◆ Activity & theatre rooms
- ◆ 24 hour Registered Nursing
- ◆ Person centred lifestyle activities
- ◆ Enhanced dining experience
- ◆ Salon Services
- ◆ Cafe
- ◆ Single & companion rooms

